

Tingum

ON THE SAND

Lunch Menu

PLATE	PRICE
Spiced Caribbean Fruits, Chili, Lemon	12
Crushed Avocado & Mango Fried Plantain	18
Quinoa & Charred Broccoli Salad Citrus Dressing	18
Spinach, Apple, Cranberry Salad Honey & Cider Dressing Add Grilled Chicken or Grouper	18 +6/+8
Tropical Conch Salad Mango, Pineapple, Cucumber, Red Onion, Mint	25
Crispy Chicken Sandwich Tangy Coleslaw, Spicy Mayo, Fries	24
Grass Fed Beef Burger Bacon, cheddar, onion jam, fries	26
Spiny Lobster Roll Brioche Bun, Fries	28
Tuna Bowl Avocado, Jasmine Rice, Cucumber, Radish	26
Kids Option	
Grilled Cheese Sandwich, Fries	12
Grouper Fingers, Fries	14
Desserts	
Popsicle Of The Day	7
Guava Parfait	7
Signature Beverages	
Passion Colada Rum, passion fruit, coconut, pineapple juice	18
Conch Salad Cocktail Tequila, cucumber, grapefruit, agave, lime	18
Blue Hole Vodka, pineapple juice, orange juice, blue curaçao, cinnamon	18

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Dinner Menu

PLATE	PRICE
Roasted Sweet Potato & Feta Salad Butternut Squash & Farm Greens	18
Spiny Lobster & Avocado Salad	24
Cheese & Broccoli Croquettes	12
Charred Octopus Paprika Potato, Ginger Aioli	20
Grilled Jerk Prawns Coleslaw	40
Crack Conch Wrap Siracha Sauce	30
Grilled Local Grouper Spinach & Apple Salad, Lemon Aioli, Almond & Dill Crust	40
Pulled Chicken Burger Spicy Caramelised Tomato Sauce, Aged Cheddar, Fries	25
Tamarind Glazed Rib Eye Burnt Garlic Potato	45
Kids Option	
Grilled Cheese Sandwich, Fries	12
Grouper Fingers, Fries	14
Desserts	
Key Lime Tart, Sour Cream	9
Chocolate & Tamarind Opera	9
Signature Beverages	
Passion Colada Rum, passion fruit, coconut, pineapple juice	18
Conch Salad Cocktail Tequila, cucumber, grapefruit, agave, lime	18
Blue Hole Vodka, pineapple juice, orange juice, blue curaçao, cinnamon	18