



THE KITCHEN
AT BAHAMAR

July 2021		MONDAY 28 th	TUESDAY 29 th	WEDNESDAY 30 th	THURSDAY 1 st	FRIDAY 2 nd	SATURDAY 3 rd	SUNDAY 4 th
MORNING	11am 12:30pm	No Session	Tiny Chef Banana Rice Krispies Treats	Tiny Chef Chocolate Truffle	No Session	Tiny Chef Patriotic Chocolate Chip Cookies	No Session	No Session
	Lunch Time							
AFTERNOON	1:30 pm 3:30pm	No Session	Junior Chef Culinary Adventure Lamb Burger Goat Cheese and Tomato Jam with Potato Wedges	Junior Chef Culinary Adventure Pork Banh Mi Burger Sriracha Aioli with Baked Sweet Potato Fries	Junior Chef Culinary Adventure Pizza Calzone	Junior Chef Culinary Adventure Oven-Fried Chicken with Mashed Potatoes and Green Beans	1PM-4PM  Family Culinary Adventure Patriots in Paradise Celebrate The U-S-of-A with an All-American barbecue featuring familiar family favorites like mac n cheese, savory BBQ delights, sliders, ice- cold lemonade and lots of holiday treats!	No Session
	Dinner Time							
EVENING	5:30 pm 7:30pm	No Session	No Session	Family Culinary Adventures Vinegar and Garlic Braised Chicken with Basmati Rice and Steamed Bok Choy	No Session	Family Culinary Adventures Italian Meatballs & Spaghetti with Tomato Garlic Infused served with Herbal Crostini	Adults Culinary Adventures Infused Lemon Butter Capers Salmon with Basmati Rice Roasted Corn on the Cob	No Session

July 2021		MONDAY 5 th	TUESDAY 6 th	WEDNESDAY 7 th	THURSDAY 8 th	FRIDAY 9 th	SATURDAY 10 th	SUNDAY 11 th
MORNING	11am 12:30pm	No Session	Tiny Chef Banana Bread Mini Treats	Tiny Chef Chocolate Fudge Cupcakes	No Session	Tiny Chef Ooey Goopy Chocolate Chip Cookies	No Session	No Session
	Lunch Time							
AFTERNOON	1:30 pm 3:30pm	No Session	Junior Chef Culinary Adventure Tropical Chicken Kabobs with Potato Wedges	Junior Chef Culinary Adventure Guava Duff	Junior Chef Culinary Adventure Junkanoo Pizza	Junior Chef Culinary Adventure Cheesecake Tartlets	1PM-4PM  Family Culinary Adventure Island Delights: It's Bahamian Independence Day! Learn how to prepare succulent seafood specialties while sipping on popular Bahamian drinks	No Session
	Dinner Time							
EVENING	5:30 pm 7:30pm	No Session	No Session	Family Culinary Adventures Pan-Seared Snapper Fillet with Peas-n- Rice Coleslaw and Fried Plantains	Adults Culinary Adventures Coconut Curry Chicken Basmati Rice & Coleslaw	Family Culinary Adventures Cracked Conch with Bahamian Macaroni Vegetable Medley & Fried Plantains	Adults Culinary Adventures Lamb Chops Infused Balsamic Reduction Mashed Potatoes & Roasted Corn on the Cob	No Session

July 2021		MONDAY 12 th	TUESDAY 13 th	WEDNESDAY 14 th	THURSDAY 15 th	FRIDAY 16 th	SATURDAY 17 th	SUNDAY 18 th
MORNING	11am 12:30pm	No Session	Tiny Chef Red Velvet Whoopie Pies	Tiny Chef Unicorn Rainbow Cupcakes	No Session	Tiny Chef Ultimate Chocolate Chip Cookies	Family Culinary Adventure Banana Bread French Toast with fresh Sliced Berries	No Session
	Lunch Time							
AFTERNOON	1:30 pm 3:30pm	No Session	Junior Chef Culinary Adventure Chocolate Lava Cake with Salted Caramel Vanilla Ice Cream	Junior Chef Culinary Adventure Pork Banh Mi Burger Sriracha Aioli with Baked Sweet Potato Fries	Junior Chef Culinary Adventure Pizza Calzone	Junior Chef Culinary Adventure Lamb Burger Goat Cheese and Tomato Jam with Potato Wedges	Junior Chef Culinary Adventure Oven-Fried Chicken with Mashed Potatoes and Green Beans	No Session
	Dinner Time							
EVENING	5:30 pm 7:30pm	No Session	Adults Culinary Adventures Italian Meatballs & Spaghetti with Tomato Garlic Infused served with Herbal Crostini	Family Culinary Adventures Infused Lemon Butter Capers Salmon with Basmati Rice Roasted Corn on the Cob	No Session	Family Culinary Adventures Vinegar and Garlic Braised Chicken with Basmati Rice and Steamed Bok Choy	Adults Culinary Adventures Rosemary Garlic Roasted Beef and Potatoes with Horseradish Purée	No Session

July 2021		MONDAY 19 th	TUESDAY 20 th	WEDNESDAY 21 st	THURSDAY 22 nd	FRIDAY 23 rd	SATURDAY 24 th	SUNDAY 25 th
MORNING	11am 12:30pm	No Session	Tiny Chef Red Velvet Whoopie	Tiny Chef Unicorn Rainbow Cupcakes	No Session	Tiny Chef Ultimate Chocolate Chip Cookies	Family Culinary Adventure Banana Bread French Toast with fresh Sliced Berries	No Session
		Lunch Time						
AFTERNOON	1:30 pm 3:30pm	No Session	Junior Chef Culinary Adventure Chocolate Lava Cake with Salty Caramel Vanilla Ice Cream	Junior Chef Culinary Adventure Pork Banh Mi Burger Sriracha Aioli with Baked Sweet Potato Fries	Junior Chef Culinary Adventure Pizza Calzone	Junior Chef Culinary Adventure Lamb Burger Goat Cheese and Tomato Jam with Potato Wedges	Junior Chef Culinary Adventure Oven-Fried Chicken with Mashed Potato and Green Beans	No Session
		Dinner Time						
EVENING	5:30 pm 7:30pm	No Session	Adults Culinary Adventures Italian Meatballs & Spaghetti with Tomato Garlic Infused served with Herbal Crostini	Family Culinary Adventures Infused Lemon Butter Capers Salmon with Basmati Rice Roasted Corn on Cob	Adults Culinary Adventures Lamb Chops Infused Balsamic Reduction Mashed Potatoes & Roasted Corn on the Cob	Family Culinary Adventures Vinegar and Garlic Braised Chicken with Basmati Rice and Steamed Bok Choy	Adults Culinary Adventures Rosemary Garlic Roasted Beef and Potatoes with Horseradish Puree	No Session

July 2021		MONDAY 26 th	TUESDAY 27 th	WEDNESDAY 28 th	THURSDAY 29 th	FRIDAY 30 th	SATURDAY 1 st	SUNDAY 2 nd
MORNING	11am 12:30pm	No Session	Tiny Chef Red Velvet Whoopie Pies	Tiny Chef Unicorn Rainbow Cupcakes	No Session	Tiny Chef Ultimate Chocolate Chip Cookies	Family Culinary Adventure Banana Bread French Toast with fresh Sliced Berries	No Session
	Lunch Time							
AFTERNOON	1:30 pm 3:30pm	No Session	Junior Chef Culinary Adventure Chocolate Lava Cake with Salted Caramel Vanilla Ice Cream	Junior Chef Culinary Adventure Pork Banh Mi Burger Sriracha Aioli with Baked Sweet Potato Fries	Junior Chef Culinary Adventure Pizza Calzone	Junior Chef Culinary Adventure Lamb Burger Goat Cheese and Tomato Jam with Potato Wedges	Junior Chef Culinary Adventure Oven-Fried Chicken with Mashed Potatoes and Green Beans	No Session
	Dinner Time							
EVENING	5:30 pm 7:30pm	No Session	Adults Culinary Adventures Italian Meatballs & Spaghetti with Tomato Garlic Infused served with Herbal Crostini	Family Culinary Adventures Infused Lemon Butter Capers Salmon with Basmati Rice Roasted Corn on Cob	No Session	Family Culinary Adventures Vinegar and Garlic Braised Chicken with Basmati Rice and Steamed Bok Chow	Adults Culinary Adventures Rosemary Garlic Roasted Beef and Potatoes with Horseradish Purée	No Session