



3 TIDES BREAKFAST

SIGNATURE CINNAMON ROLL

1 FOR 6 - 3 FOR 15

CONTINENTAL PASTRY BOARD 16

Signature Cinnamon Roll + Pain au
Chocolate + Croissant + Illy® Coffee
+ Juice

COCKTAILS

SOURSOP MIMOSA 14

Soursop + Sparkling Wine

BRUNCH SPRITZ 14

Passion Fruit + Campari
Sparkling Wine

BLOODY MARY 14

Signature Tomato Spice Blend + Vodka

BEVERAGES

ILLY® COFFEE 6

ILLY® CAPPUCCINO · LATTE 8

IKAATI® TEA 6

PINEAPPLE PANCAKES 17

Grilled Pineapple + Toasted Coconut + Maple Rum Syrup

SHRIMP N GRITS 22

Three Cheese Grits + Grilled Shrimp + Creole Sauce



GUAVA DUFF FRENCH TOAST 17

Guava Brioche + Rum Sauce + Guava Jam

TIDES BREAKFAST 18

Choice of Eggs Preparation + Breakfast Potatoes + Sourdough
Toast + Choice of: House Bacon or Chicken Sausage

DAILY YOGURT BOWL 13

House Granola + Fresh Berries + Fruit + Chia + Flax

PULLED PORK BENEDICT 20

Coffee Rubbed Pork Shoulder + Soft Poached Eggs
Cilantro Hollandaise + Arugula

SMOKED SALMON AVOCADO TOAST 20

Smashed Avocado + Grilled Multigrain + Chili Aioli + Soft
Boiled Eggs + Pickled Red Onions + Fried Capers

OMELETTE 18

3 Eggs + Toast + filling choice of: Bacon + Chicken Sausage
Bell Peppers + Mushrooms + Tomatoes + Spinach + Onions
Cheddar + Goat Cheese

SIDES

GF Three Cheese Grits 9

GF Breakfast Potatoes 9

Chicken Sausage 6

Smoked Salmon 12

Applewood Smoked Bacon 9

V GF Seasonal Fruit Bowl 15

V Berry Oatmeal 10

Should you have any dietary requirements or allergies, please ask for the Manager.

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may
increase your risk of foodborne illness.

All prices displayed are subject to VAT and a 15% Service Charge.



VEGAN-GLUTEN FREE-VEGETARIAN