



knosh



BOWLS

SUPER FOOD 20

SEARED TUNA + QUINOA + CUCUMBERS + RED ONIONS
TOMATOES + PARSLEY + MINT + HUMMUS
LEMON + FETA + TZATZIKI

KOFTA SALAD 18

TURKISH PLANT-BASED KOFTA + ROMAINE + RED ONIONS
CHERRY TOMATOES + CUCUMBERS + FETA
CRISPY CHICK PEAS + OREGANO VINAIGRETTE

CAULIFLOWER "MAC & CHEESE" 16

CAULIFLOWER + ZA'ATAR CHEESE SAUCE + SMOKED GOUDA

LOADED FRIES 15

ZA'ATAR + CHEDDAR + PLANT-BASED PROTEIN
SPICY MAYO + SOUR CREAM + GREEN ONIONS

SANDWICHES

BAHAMIAN BANH MI 24

CRISPY FRIED LOCAL FISH + CUCUMBER
PICKLED CARROTS + CHILI FRESNOS
CILANTRO + MINT + PICKLE DAIKON
SPICY MAYO + BAGUETTE

THE GREEK 26

SMOKED SALMON + FALAFEL + TZATZIKI
HUMMUS + ONIONS + TOMATOES
CUCUMBERS + MINT + PITA

MUSHROOM PO'BOY 22

CRISPY FRIED OYSTER MUSHROOMS + LETTUCE
TOMATO + LOUISIANA REMOULADE

FLAT BREAD

EGGPLANT PARM 23

TOMATO + BASIL + PARMESAN + MOZZARELLA + ARUGULA

FUNghi 23

WILD MUSHROOMS + TRUFFLE CREAM
POTATO + MOZZARELLA + ARUGULA
PARMESAN

KIDS MENU

12

CHEESE FLATBREAD
CHEESE FRIES



CHABAD BAHAMAS
KOSHER

SHOULD YOU HAVE ANY DIETARY REQUIREMENTS OR ALLERGIES,
PLEASE ASK FOR THE MANAGER. CONSUMING RAW OR UNDERCOOKED
SEAFOOD MAY INCREASE YOUR RISK OF FOOD-BORNE ILLNESS.
ALL PRICES DISPLAYED ARE SUBJECT TO VAT AND A 15% SERVICE CHARGE.