



SENSE SPA PACKAGES



\$420 ++

Tranquility Escape

1 HOUR 30 MINS

LOCATION FLOW

Start at SENSE

Closing at ESPA

RETREAT BREAKDOWN

Welcome Ritual &
Complimentary Wellness Shot
SENSE

Guided Breathwork &
Affirmation Walk
SENSE

Skin or Scalp Analysis with Light
Therapy and Home Care Card
SENSE Treatment Room

Affirmation Card & Mala &
Mantra Bracelet Gift
Transition Point

50 Minutes Massage
ESPA (60 min)

Full Day Spa Pass
ESPA facilities

15% Discount
*on the next visit or retail purchases
at SENSE/ESPA Spas*

\$585 ++

Nature & Wellness Immersion

3 HOURS

LOCATION FLOW

*Start at SENSE – Move to Garden
or Terrace – Closing at ESPA*

RETREAT BREAKDOWN

Welcome Ritual, Herbal Tea
Offering, Affirmation Card
SENSE Lounge

Guided Breathwork &
Nature-Based Affirmation Walk
Rosewood Outdoor trail

Reconnection Massage in Nature
(Garden or Terrace)
SENSE SPA Garden or ESPA Reflex Terrace

Tea Service or Wellness Shot
in Nature Post-Massage

Tailored Wellness Lunch Menu
and Fresh Fruit Platter
Rosewood Garden or ESPA Terrace

Take-Home Mala Bracelet
& Sleep Ritual Kit

Relaxation Lounge Access and
Champagne or Wellness Shot
ESPA Lounge

15% Discount
on next visit at SENSE/ESPA Spas

\$620 ++

The Radiance Renewal Full Day Retreat

4 HOURS

LOCATION FLOW

Start at SENSE

Closing at ESPA

RETREAT BREAKDOWN

Welcome Ritual & Herbal
Tea Offering
SENSE SPA Lounge

Skin Analysis & Rose Gold Radiance
Facial Treatment with treatment mask
SENSE SPA Treatment Room

Nutrition Tailored Wellness Lunch
Menu and Fresh Fruit Platter
Rosewood Outdoor Garden

Classic Manicure &
Pedicure Treatment
ESPA Salon

Affirmation Walk &
Relaxation Lounge Access
ESPA

Champagne or Fruit Infused Water
ESPA Lounges

Mala & Mantra Bracelet Gift
and At-Home Self-Care Card

Full-day Spa Pass and 15% Discount
on next visit at SENSE/ESPA Spas



Fitness Wellness Sessions will be available during the duration of your stay, please ask about our Fitness Calendar.
Booking Conditions include 48 hours minimum for spa reservations prior to booking date.

CONTACT

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SENSE
A ROSEWOOD SPA

